



THE COZY KITCHEN



A Book For Every Cook...

Winter 2012

Website Shopping - Google eBooks and Free Shipping



among thousands of titles in every imaginable category. All ebooks offer instant availability and a free preview before you buy. Google eBooks™ allows you to enjoy unlimited storage of books in the digital cloud. Shop now for your next ebook and begin reading on just about any device!



Fill up your newest e-gadget with ebooks from Salt & Pepper Books! From *New York Times* bestsellers to old favorites, our website offers you one of the largest ebook collections available with Google eBooks™. Discover your next great read

We are also offering a special of **FREE SHIPPING** for all items currently available on our website to anywhere in the United States! This winter, if you need a soup cookbook to

warm you up, a puzzle to keep you busy when it snows, or the newest bestselling novel to read by the fire, you can save with **FREE SHIPPING** from Salt & Pepper Books. The special ends 3/31/2012.

What's in the Window?



The newest addition to our website is a feature called What's in the Window?

Now you can take a peek at our window display, even if you aren't walking around town! A list of the books in the window is included, with links to their descriptions.

Each time the window feature webpage is updated, it will be posted on our Facebook page.

Current Window Theme:
Healthful Recipes



Inside this issue:

<i>Healthful Recipes</i>	2
<i>Winter Comfort Food</i>	2
<i>Kitchen Gifts</i>	3
<i>Staff Picks</i>	4
<i>Mystery Series</i>	5
<i>Reader's Review</i>	5
<i>Recipes</i>	6
<i>Upcoming Events</i>	7
<i>Kitchen Tips</i>	8
<i>Around Town</i>	8

Salt & Pepper Books
125 Mill Street #6
Occoquan, VA 22125

(703) 491-4411

Hours*:

Monday—Wednesday
10-ish to 5-ish

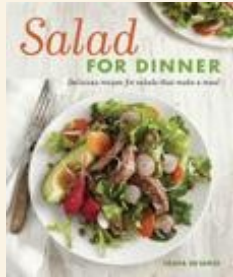
Thursday—Saturday
10-ish to 6-ish

Sunday
12-ish to 5-ish

* Please see website
for Winter Hours.



Healthful Recipes



SALAD FOR DINNER
BY TASHA DESERIO
\$19.95
TAUNTON PRESS
9781600854316

The whole-meal salads highlighted here will satisfy vegetarians and meat-eaters alike. The recipes encompass everything from greens to meat and fish, dairy, and pasta and grain. With

detailed information on in-season fruits and vegetables, lesser-known salad fixings, preparation techniques (including make ahead tips), and a comprehensive chapter on salad basics, readers will have all they need to turn out

satisfying and beautiful salads of their own. Easy enough for one and special enough for a crowd.



COOKING WITH TRADER JOE'S SKINNY DISH!
BY JENNIFER REILLY AND KRIS CARR
\$24.95
BROWN BAG PUBLISHERS
9780979938474

Famed dietitian and nutrition blogger Reilly is here to set

readers free with easy-to-follow weight control tips and mouth-watering Trader Joe's-inspired recipes.

Everyone is looking for ways to fit wholesome, good-for-you meals into their busy schedules. This solution-oriented cookbook shows you how to make the



HEALTHY IN A HURRY: SIMPLE, WHOLESOME RECIPES FOR EVERY MEAL OF THE DAY
BY KAREN ANSEL AND CHARITY FERREIRA
\$29.95
WELSON OWEN
9781616282134

most of over 30 superfoods—from avocados to berries to whole grains—with recipes for delicious dishes made with fresh ingredients that you can prepare any time of the day.

“THIS COLLECTION OF WARMING RECIPES WILL HELP STAVE OFF WINTER’S CHILL.”

Winter Comfort Food



LONG NIGHTS AND LOG FIRES: WARMING COMFORT FOOD FOR FAMILY AND FRIENDS
\$19.95
RYLAND PETERS & SMALL
9781849751544

This collection of warming recipes will help stave off winter's chill. You'll find quick-to-prepare recipes from a steaming pot of soup to casseroles to roasts to desserts, including drinks there are ideas for relaxing at home or entertaining!



50 SIMPLE SOUPS FOR THE SLOW COOKER
BY LYNN ALLEY
\$16.99
ANDREWS MCMEELE PUBLISHING
9781449407933

Lynn Alley, author of *The Gourmet Slow Cooker*, is famous for creating flavorful homemade meals using the kitchen's most coveted countertop appliance--the slow cooker. Inside this little gem, Alley presents bold combinations for 50 new vegetarian and vegan soup dishes that are as hearty as they are flavorful.

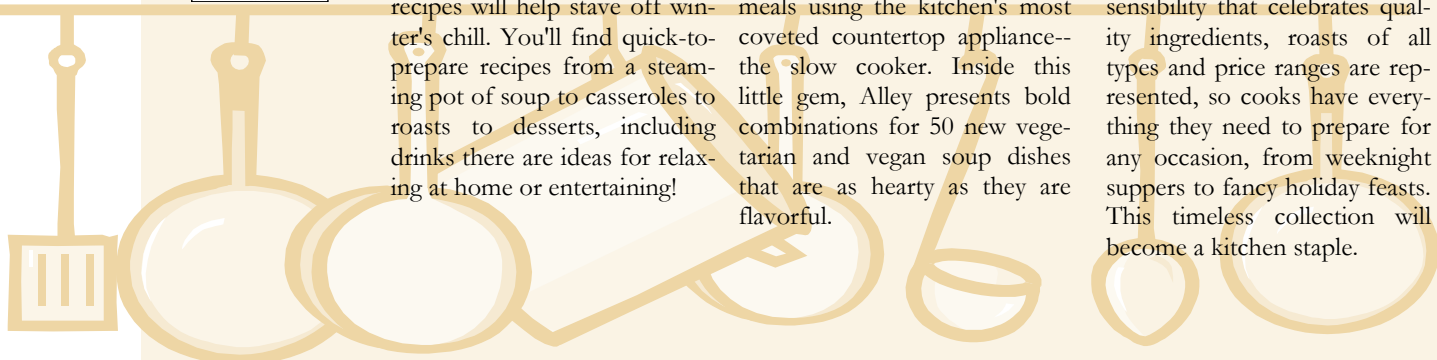


SUNDAY ROASTS
BY BETTY ROSBOTTOM AND SUSIE CUSHNER
\$24.95
CHRONICLE BOOKS
9780811879682

This book contains 80 tantalizing recipes for slow-roasted meats, fowl, fish, and vegetables that compel a Sunday

cook to enjoy good food and good living. With an earthy sensibility that celebrates quality ingredients, roasts of all types and price ranges are represented, so cooks have everything they need to prepare for any occasion, from weeknight suppers to fancy holiday feasts. This timeless collection will become a kitchen staple.

CLICK ON ANY BOOK COVER TO SEE ADDITIONAL DETAILS.



Kitchen Gifts

*** BESTSELLER ***



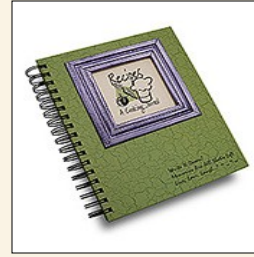
SPOON REST POT CLIP
\$4.95
JOIE

*** BESTSELLER ***



SALAD DRESSING BOTTLE
\$7.95

*** BESTSELLER ***



RECIPE JOURNAL
\$19.95
JOURNALS UNLIMITED

ROSE FLORAL APRON
\$29.95
DI PAOLO
GIRLFRIENDS COLLECTION



SAGE FLORAL APRON
\$29.95
DI PAOLO
GIRLFRIENDS COLLECTION



COOKMARKS
(SET OF 4)
\$9.95
RSVP

Easily flip between
your favorite
recipes while
keeping cookbook
pages clean!

Splash! Measuring Sets
Available in blue, red, and green.



MEASURING SPOONS
\$15.95
RSVP



MEASURING CUPS
\$28.95
RSVP



RED WINE PLAYING CARDS
\$8.95



WHITE WINE PLAYING CARDS
\$8.95

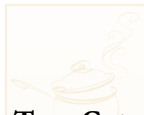
These 52 card decks by Inkstone feature different wine grapes. Each card outlines the origins and characteristics, along with a suggested dish to serve.

Wine tasting + wine
trivia = major fun!

This exciting board game
tests everyone's wine
knowledge with each sip!
Are you a winerd?

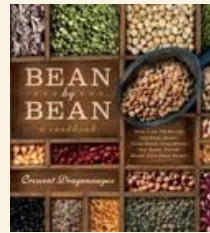


WINERD
CHRONICLE BOOKS
\$35.00
9781452101750



Staff Picks

"IT'S A RECIPE CORNUCOPIA OVERFLOWING WITH INFORMATION, KITCHEN WISDOM, LORE, ANECDOTES, AND A ZEST FOR GOOD FOOD AND GOOD TIMES."

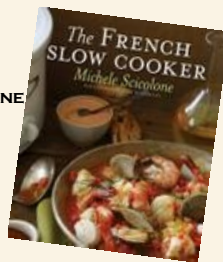


BEAN BY BEAN BY CRESCENT DRAGONWAGON \$15.95 WORKMAN PUBLISHING 9780761132417

From old friends like chickpeas and pintos to rediscovered heirloom beans like rattle-snake beans and teparies, from green beans and fresh shell beans to peanuts, lentils, and peas, "Bean by Bean" is the definitive cook-book on beans.

It's a 200-plus recipe cornucopia overflowing with information, kitchen wisdom, lore, anecdotes, and a zest for good food and good times.

THE FRENCH SLOW COOKER BY MICHELE SCICOLONE \$22.00 HOUGHTON MIFFLIN HARCOURT 9780547508047

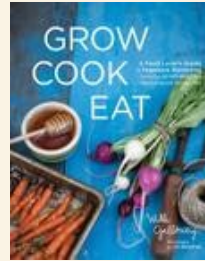


With a slow cooker, even novices can turn out dishes that taste as though they came straight out of the kitchen of a French grandmère.



THE DAIRY-FREE & GLUTEN-FREE KITCHEN BY DENISE JARDINE \$19.99 TEN SPEED PRESS 9781607742241

Offers more than 150 flavor-packed recipes created especially for those who must avoid dairy and gluten in their diets—proving that you no longer have to abandon the foods you love, even when you do have to give up the dairy and gluten that doesn't love you.



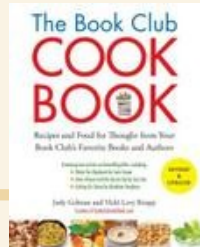
GROW COOK EAT BY WILLI GALLOWAY AND JIM HENKINS \$29.95 SASQUATCH BOOKS 9781570617317

From sinking a seed into the soil through to sitting down to enjoy a meal made with vegetables and fruits harvested right outside your back door, this gorgeous kitchen gardening book is filled with practical, useful information for both novices and seasoned gardeners alike.



RAMPS BY TODD GRAY AND GLEN FACEMIRE \$15.95 ST. LYNN'S PRESS 9780983272625

Ramps have become one of the most sought-after wild-foraged plants from eastern North America. This is the only ramps-dedicated cookbook, for everyone who wants to bring this tasty relative of garlic and leeks into their own kitchen.



THE BOOK CLUB COOKBOOK BY JUDY GELMAN AND VICKY LEVY KRUPP \$21.95 TARCHER 9781585429240

Featuring recipes and discussion ideas for one hundred popular club selections, this cookbook guides readers in selecting and preparing culinary masterpieces that blend perfectly with the literary masterpieces their club is reading.

THE MINDFUL CARNIVORE BY TOVAR CERULLI \$26.95 PEGASUS BOOKS 9781605982779

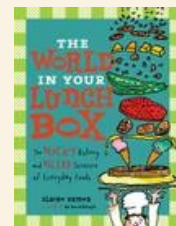


A vegetarian-turned-hunter reignites the connection between humans and their food sources and continues the dialogue begun by Michael Pollan and Barbara Kingsolver.



A COUNTRY COOK'S KITCHEN BY ALISON WALKER \$35.00 RIZZOLI 9780847838394

This book covers all aspects of the country kitchen, from the simple pleasures of making hearty breads and fresh farmhouse-style cheeses to preserving the harvest's bounty of fruit and vegetables for year-round enjoyment and the arts of curing, smoking, and salting meats.



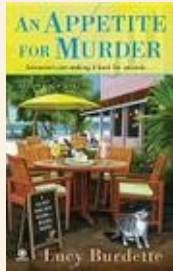
THE WORLD IN YOUR LUNCH BOX BY CLAIR EAMER AND SA BOOTHROYD \$22.95 ANNICK PRESS 9781554513932

Explore a week of lunches--from apples to pizza--by taking a romp through thousands of years of extraordinary events. Some are amusing, like the accidental invention of potato chips. Others are tragic, such as the Spice Wars, which killed thousands of people.

CLICK ON ANY BOOK COVER TO SEE ADDITIONAL DETAILS.



Mystery Series



AN APPETITE FOR MURDER
BY LUCY BURDETTE
 \$7.99
 SIGNET
 9780451235510

An Appetite for Murder
A Key West Food Critic Mystery

Hayley Snow's life always revolved around food. But when she applies to be a food critic for a Key West style magazine, she discovers that her new boss would be Kristen Faulkner-the woman Hayley who stole her boyfriend! Hayley thinks things are as bad as they can get-until the police pull her in as a suspect in Kristen's murder. Kristen was killed by a poisoned key lime pie. Now Hayley must find out who used meringue to murder before she takes all the blame.



“KRISTEN WAS
 KILLED BY A
 POISONED KEY
 LIME PIE. NOW
 HAYLEY MUST FIND
 OUT WHO USED
 MERINGUE TO
 MURDER BEFORE
 SHE TAKES ALL
 THE BLAME.”



IF FRIED CHICKEN COULD FLY
BY PAIGE SHELTON
 \$7.99
 BERKLEY
 9780425245859

If Fried Chicken Could Fly
A Country Cooking School Mystery

At Gram's Country Cooking School, Betts and Gram are helping students prepare the perfect dishes for the Southern Missouri Show-Down, the cook-off that draws the first of the summer visitors. Everything is going smoothly until they discover the body of local theater owner Everett Morningside in the school's supply closet, and Everett's widow points an accusatory finger at Gram. Now, Betts has to dig deep into Broken Rope's history to find the modern-day killer-before the last piece of chicken is served...



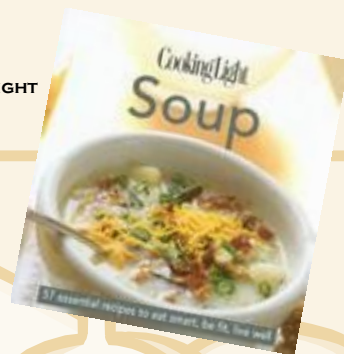
Reader's Review

The weather has finally turned cold and there's nothing like a hot bowl of soup to warm you up! I recommend **Cooking Light Soup** with more than 50 recipes to tempt you to pull out your favorite soup pot!

Some of my favorites so far are *Broccoli Cheese, Baked Potato and Bacon*, and *Roasted Squash Soup with Turkey Croquettes*. There is also a very informative section on how to make great stock, which has really helped this budding cook.

Enjoy!

COOKING LIGHT SOUP
\$17.95
EDITORS OF COOKING LIGHT
MAGAZINE
OXMOOR HOUSE
9780848730642



Sharon McPike
Dale City, VA

If you would like your review to be featured in our newsletter, please send your submission to info@saltandpepperbooks.com.



Recipes



Salt & Pepper Books



Roasted Acorn Squash Soup with Quinoa

- | | |
|--|-----------------------------------|
| 2 acorn squash (halved and seeded) | 1 bay leaf |
| 1 tablespoon unsalted butter | 4 cups vegetable stock |
| 1 tablespoon olive oil | 1/2 cup quinoa (uncooked, rinsed) |
| 1 large sweet onion (chopped) | 1/4 cup cream or half & half |
| 1 teaspoon curry powder | Fresh chives (chopped) |
| Kosher salt & fresh ground pepper to taste | |

Preheat oven to 425°. Place squash, cut side down, on baking sheets lined with parchment paper. Roast squash at 425° until tender, about 45 - 60 minutes. Let cool, then scoop out the squash.

In a large soup pot, add the butter, olive oil, and onions. Sauté over medium heat for 8-10 minutes. Add curry powder, salt, pepper, and bay leaf. Stir and cook 1 minute. Add squash, vegetable stock, and quinoa. Bring to a boil, then simmer for 20 minutes. Remove bay leaf.



Salt & Pepper Books



Herbed Soda Bread

- 2 cups all purpose flour
- 1 1/2 cups whole wheat flour
- 1 teaspoon kosher salt
- 1 teaspoon baking soda
- 1 teaspoon light brown sugar
- 1 tablespoon fresh rosemary (finely chopped)
- 1 tablespoon fresh thyme (finely chopped)
- 1 tablespoon fresh chives (finely chopped)
- 2 cups buttermilk

Preheat oven to 400°. In a large bowl, whisk together all ingredients, except the buttermilk. Add the buttermilk and mix to form the dough. The dough should not be too sticky, add more flour if necessary. Knead the dough lightly, form into a flat round shape, and place on a baking sheet lined with parchment paper. Bake at 400° for 30-35 minutes. Makes 1 loaf.

Puree soup until smooth with an immersion blender or in small batches in a blender (returning soup to pot). Gently stir in cream or half & half. If soup is too thick, thin with additional vegetable stock or water. To serve, garnish with chives. Serves 4.



Salt & Pepper Books



Winter Citrus Salad

Salad

- | | |
|---------------------------|------------------------------------|
| 4 tangerines | 1/2 pomegranate (seeded) |
| 4 cups mixed salad greens | 6 oz goat cheese (crumbled) |
| 2 green onions | 1/4 cup walnuts (coarsely chopped) |

Dressing

- | | |
|-----------------------------|--------------------------|
| Reserved tangerine juice | 1/2 teaspoon kosher salt |
| 1/4 cup apple cider vinegar | 1/2 teaspoon sugar |
| 1/2 cup canola oil | |

Peel tangerines and cut out sections, reserving all juice for the dressing. In a large bowl, add all salad ingredients. In a separate small bowl, whisk together all dressing ingredients. Pour dressing over salad and toss gently. Serve immediately. Serves 4.



Upcoming Events



Annual Overstock Sale

February 24th - 26th

Save 35% to 75% on a large selection of titles.

The Annual Overstock Sale is one of our most popular events. We'll be making room on our shelves for all of the new books and merchandise coming in 2012. New this year will be a selection of kitchen gifts on sale for 50% off the regular price! Don't miss out on the biggest savings of the year!

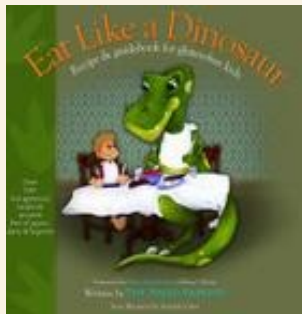
Book Signing ~ Eat Like a Dinosaur and Make it Paleo

Sunday, **March 25th**, at **2 pm**, the authors of two books highlighting the Paleo lifestyle will be at Salt & Pepper Books for a book signing.

Matt and Stacy Toth and their children will read *Eat Like a Dinosaur*, the illustrated children's story, answer questions and sign books. *Snacks made by Matt with recipes from the book will be provided!*

Bill Staley and Hayley Mason will also be on site to sign copies of their new book *Make it Paleo*.

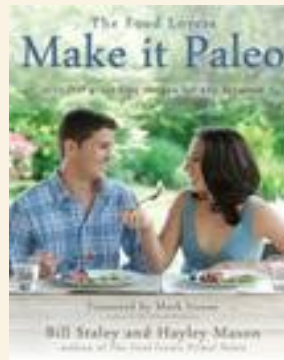
**March
25th
2:00 pm**



**EAT LIKE A DINOSAUR:
RECIPE & GUIDE BOOK FOR
GLUTEN-FREE KIDS
BY MATT AND STACY TOTH—
THE PALEO PARENTS
\$24.95
VICTORY BELT PUBLISHING
9781936608874**

In a world of mass manufactured food products, getting back to basics and cooking real food with and for your children is the most important thing you can do for your family's health and well-being. It can be overwhelming when thinking about where to begin, but with tasty kid-approved recipes, lunch boxes and projects that will steer your child toward meats, vegetables, fruits, nuts and healthy fats, *Eat Like a Dinosaur* will help you make this positive shift.

With an illustrated children's story describing the paleo diet, and colorful, mouthwatering photographs of recipes without grains, dairy, soy and refined sugar, this book is written for children.



**MAKE IT PALEO
BY BILL STALEY AND
HAYLEY MASON
\$34.95
VICTORY BELT PUBLISHING
9781936608867**

Transitioning from conventional foods to a grain-free Paleo lifestyle can be a daunting proposition to most people. Hayley Mason and Bill Staley, authors of *The Food Lovers Primal Palate*, show you how easy it is to take any dish and *Make it Paleo!* Adapted from Chinese, French, Mexican and classic American meals, the over 200 mouthwatering recipes are each accompanied by vibrant photos and thoughtful notes to ensure you recreate each dish with ease.

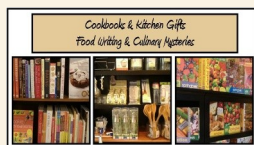
CLICK ON ANY
BOOK COVER TO
SEE ADDITIONAL
DETAILS.



Salt & Pepper Books
125 Mill Street #6
Occoquan, VA 22125

(703) 491-4411

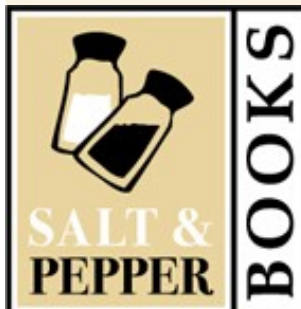
Find us Online
@ www.saltandpepperbooks.com



Find us on



Support your local
independent
bookstore!



Salt & Pepper Books is an independent bookstore in historic Occoquan, Virginia. *We love all things food & cooking!* We have a large selection of cookbooks, including books on kitchen basics, baking, vegetarian meals, gluten-free recipes, international cuisines, and more. We also carry many food writing titles and a growing inventory of culinary mysteries. The store also features an ever-changing variety of kitchen gifts from aprons to recipe cards to pepper mills. Please stop in and take a look where there's *a book for every cook...*

Kitchen Tip



Windowsill Herb Garden

Bring the spring in during the winter months by creating an herb garden in a sunny window. Fresh cut herbs will brighten up all of your cold weather comfort food. Herbs that grow well on a windowsill include chives, rosemary, thyme, sage, parsley, and mint. Be careful not to over-water, since herbs don't like wet feet. Trim and use your herbs often to encourage healthy growth.

Around Town...

Construction on the East End of Mill Street

Weekdays during the next month or two - Shops are still **OPEN!!!**

